

PROJECT NUMBER: 2025-1-ES01-KA220-VET-000355952

**WELCOME TO CARE-ABILITY ERASMUS+ PROJECT****CARE-ABILITY at a Glance**

We are pleased to present the first edition of the CARE-ABILITY newsletter.

CARE-ABILITY: *Empowering Migrant Women through Micro-Credentials in SocioHealth Services* is an Erasmus+ project that started on 1 September 2025 and will run until 31 August 2027.

The project aims to support migrant women by providing accessible vocational training, recognised micro-credentials, and personalised learning experiences in the socio-healthcare sector. Through this approach, CARE-ABILITY seeks to strengthen employability, promote social inclusion, and build stronger links between education, the labour market, and the care sector.

CARE-ABILITY is co-funded by the European Union.

In this first issue, we will present:

- An overview of the CARE-ABILITY project, including its objectives, expected results, and partnership
- The Kick-Off Meeting in Alicante, Spain
- The Best Practices Handbook
- CARE-ABILITY Micro-Credential Approved
- A series of National Workshops across Europe

**Building care careers
for migrant women**

Overview

CARE-ABILITY supports migrant women who want to build a meaningful career in the social and healthcare sectors. Many women have skills, motivation, and real-life experience, but face obstacles such as limited access to training, lack of recognised qualifications, or social barriers. The project responds to these challenges by offering flexible, inclusive, and practical vocational training that turns existing competences into recognised micro-credentials. The project introduces a new way of learning, using AI-driven tools, gamified digital content, and self-paced training modules. This approach makes learning more accessible and user-friendly, while helping women develop the confidence and professional skills needed for stable employment in caregiving roles across Europe.



Project Objectives

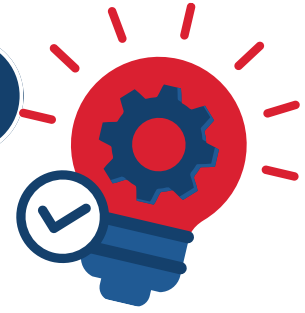
CARE-ABILITY aims to:

- provide accessible vocational training adapted to the needs of migrant women;
- support the recognition of existing skills through validated micro-credentials;
- use digital and AI-supported tools to create personalised learning pathways;
- reduce barriers linked to language, certification, and access to VET;
- strengthen cooperation between education providers, employers, and social organisations;
- promote social inclusion and better employability in the care sector.



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Expected Project Results



During its implementation, CARE-ABILITY will develop practical tools and resources to support both learners and professionals. These will include:

- ➔ a **Best Practices Handbook**, presenting effective approaches for training and supporting migrant women in the care sector;
- ➔ an **AI Self-Assessment Tool**, helping learners identify their skills, needs, and possible learning pathways;
- ➔ an **AI-driven Gamified Learning Tool**, offering engaging and personalised digital learning experience;
- ➔ a **Training Programme**, with modular learning units focused on essential socio-healthcare skills.

These results will support migrant women, VET trainers, care organisations, employers, and stakeholders working in the fields of education, employment, inclusion, and social care.



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Kick-off Meeting in Alicante, Spain

In December 2025, partners from across Europe met in Alicante, Spain for our Kick-Off Meeting! The very first step of this exciting Erasmus+ KA220-VET journey.

Two days of ideas, planning, collaboration, and shared commitment to building a more inclusive and empowering care sector across Europe for migrant women.

The meeting focused on key areas of the project, including project management, the development of the foundational framework, digital learning and training resources, AI-driven educational tools, VET training implementation, dissemination, sustainability, and impact.

Partners also agreed on the first actions and next steps, setting a clear basis for cooperation throughout the project. The meeting marked the beginning of a shared European effort to support migrant women through accessible training, micro-credentials, and stronger opportunities in the socio-healthcare sector.



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Best Practices Handbook



The CARE-ABILITY Best Practices Handbook is now available.

This key project result brings together evidence-based practices, policy insights, and practical recommendations to support the training and integration of migrant women in the socio-healthcare sector.

The handbook explores existing approaches from partner countries and highlights ways to make vocational education and training more inclusive, accessible, and relevant to labour market needs. It focuses on key topics such as micro-credentials, recognition of skills, digital accessibility, gender-responsive learning pathways, and stronger cooperation between VET providers, employers, social services, and care organisations.

The handbook is available in English and has also been translated into all partner languages, making it easier for organisations, trainers, and stakeholders across Europe to use and share its findings.

Through this result, CARE-ABILITY provides a practical resource for building more inclusive training pathways and supporting migrant women in developing skills for the care sector.

Read the Best Practices Handbook on the [CARE-ABILITY website](#).



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CARE-ABILITY Micro-Credential Approved



CARE-ABILITY has reached an important milestone, as the project's micro-credential has been officially approved by the University of Alicante.

The approved micro-credential is titled **"CARE-ABILITY: Core Skills for Care and Personal Support"** (*Competencias Básicas para el Cuidado y la Atención Personal*). It includes **2 ECTS credits** and a total workload of **50 hours**, combining **30 hours of guided learning on the platform with 20 hours of autonomous work**.

The course will be offered **free of charge** and delivered in an **online, asynchronous format through Moodle**, allowing participants to follow the learning process with flexibility.

The micro-credential is addressed to adults facing barriers to employment and education, with particular attention to people who have informal caregiving experience. Through this result, CARE-ABILITY takes a concrete step towards creating accessible and recognised learning pathways in the care and personal support sector.



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National Workshops across Europe

Between April and June 2026, CARE-ABILITY partners implemented a series of National Workshops in Slovenia, Greece, Spain, and Austria.

The workshops presented the project's results, shared the Best Practices Handbook, and encouraged discussion on inclusive and accessible care practices. They brought together migrant women, VET providers, educators and trainers, policymakers, public authorities, training institutions, NGOs, employment and social inclusion specialists, healthcare and long-term care organisations, care-sector professionals, and students from the socio-healthcare field.

Each workshop followed a shared methodological framework, while being adapted to the national context and needs of each country. Through these events, partners collected valuable feedback, promoted the practical use of project results, and strengthened cooperation between education, care, and employment stakeholders.

More information about the National Workshops can be found on the [Events subpage](#) of the CARE-ABILITY website.



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Stay tuned

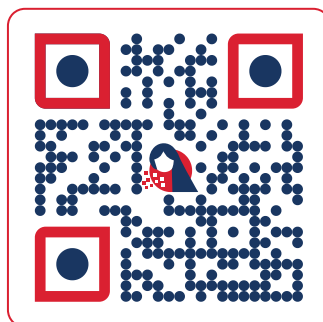
for more exciting updates and milestones
as we continue our journey



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care-ability.eu



Partnership

Meet the CARE-ABILITY partnership that brings together universities, VET providers, research centres, and innovation organisations from Spain, Austria, Slovenia, and Greece. Each partner contributes unique expertise in education, social inclusion, and technology.



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